



Who am I?

Who is this resource aimed for?

This is a resource for children with low perception of their own ability who are working through ideas around self-identity.

We don't always know what we are good at. This activity is to help you think about the things you are brilliant at! Fill in the hearts to tell people the things you are proud of!

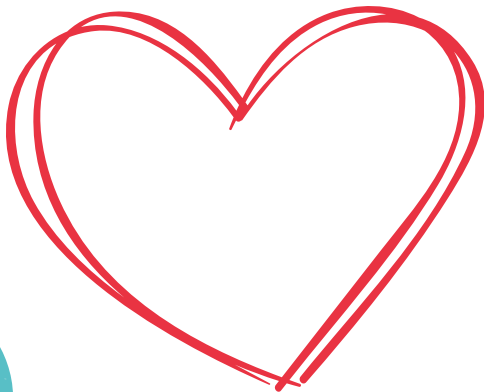
I am really good at



At school my favourite subject is



My friends like me because



I am proud when I



Badger fact

Badgers are nocturnal mammals



We can't be good at everything. Think about something that you want to be better at, write it in the star and write three ways that you might try and get better at it.

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